



NATIONAL YOUTH SPORTS

RULES

COACH PITCH: 5 & 6-YEAR-OLDS

Applies to both practices and games.

ATTIRE

1. NYS jersey or approved uniform and hat must be worn during the game. No exceptions!
2. No metal cleats, open-toed shoes, or jewelry allowed.
3. Helmets are optional.

FIELD

4. Bases are approximately 45 feet apart.
5. Coaches are allowed in the outfield but they must not interfere with gameplay.
6. The coach may pitch to an individual batter based on their demonstrated ability to hit the ball at practice. We strongly recommend over hand pitching only!
7. Batting team must provide adults to be the first and third base coaches, as well as place the ball on the tee for each batter.
8. All team members must be on the batting line up.

TEAM

9. Teams will play with a limit of 7 infielders and the rest of the team must occupy the outfield.
10. The home team is listed first on the schedule and will occupy the third base of the field.

GAMEPLAY

11. Games are 1 hour and 15 minutes, or 3 innings, whichever is completed first.
12. All players on the defensive team are allowed to be on the field. Only 7 on the infield.
13. Defense team must rotate the pitcher position every inning.
14. Infielders must stay in normal baseball positions with the exception of the catcher.
For example, the catcher cannot be closer than 20 feet from the home plate.
15. Each batter will be given three pitches/chances to hit the ball, and then the tee must be used. If the third pitch is fouled off, you are allowed a 4th pitch.
16. If the ball is hit and does not leave the infield, the runner can only advance to first base. If the ball is hit into the outfield, the runner can run until the ball is under control in the infield.
17. No advancing bases on any overthrows. Once the defense has the ball in the infield, the runners can only continue to the base they are heading to. If the throw is overthrown, the play is still dead.
18. All batters must run the bases.
19. Every player bats every inning.
20. No on deck batters.
21. No strikeouts.
22. No leading off or stealing any base.
23. No sliding.
24. No throwing bats. A thrown bat is an automatic out.
25. The last batter in the lineup is allowed to run to all the bases until tagged out or there is a force out.
26. Coaches should let the defense know when the last batter is up to bat.
27. Base runners must stop when the ball is under control in the infield.
28. Base runner hit by a batted ball is out.
29. Outs are called! All base runners called out may not continue to run the bases.
30. No score will be kept.
31. No forfeits!