



# NATIONAL YOUTH SPORTS-SAN ANTONIO

## RULES - SOCCER 3- 5 YEAR OLDS

Applies to both practices and games.

NYS modifies rules each season as needed.

<b>Objective</b>	The focus is on letting the kids play and have fun with the sport. The rules are modified and violations are relaxed to allow the kids to develop the concepts of the sport.
<b>Safety</b>	All parents must sign the Covid-19 waiver. Parents should monitor the health of their child and if experiencing symptoms, do not participate in any sporting practice or games. Let NYS know of the presence of symptoms. Get tested for Covid-19 promptly and report results to the program. Social distancing (6ft apart) must be practiced as much as possible. Spectators should sit 6ft.apart while watching the game. Masks are required for all spectators, coaches, players, volunteers, and staff. Players, coaches, and staff in active play do not have to wear the masks. <b>Masks must be worn when social distancing cannot be practiced!</b> Equipment will be sanitized as needed. Limit sharing equipment as much as possible. Use hand sanitizer as much as necessary. No team drinks or snacks should be handed out to limit items coming from different households. Each child is responsible for his/her own drink. For a full list of safety protocols please refer to the <a href="#">Play Safe, Stay Safe-Hygiene Plan</a> .
<b>Sportsmanship</b>	We ask all coaches, parents and officials to encourage sportsmanship and fair play at all times. Any unsportsmanship or bad behavior, the offending person will be asked to leave the area. Any person ejected will be suspended from participating at the next scheduled game.
<b>Uniforms</b>	Players wear NYS provided jerseys and must be tucked in to participate in games. <u>Shin guards are mandatory</u> and must be worn under socks. No hats, jewelry/earrings, metal cleats or football cleats allowed.
<b>Field Specs</b>	Ball size - 3 Goal size - 4 x 6 (Pop Up Goal) Field size - approximately 24 yards wide by 34 yards long. (based on field availability) Spectators must be a minimum of 3 yards behind side lines and 5 yards from the goal lines.
<b>Player Information</b>	To be eligible to play, players must be listed on the official season roster. Maximum number of players on the roster is 10, unless approved by NYS staff. Game is played 5 on 5 or 6 on 6 (including goalkeeper) and based on the number of players on each team's roster. If the team does not have enough players, then the game can be played 4 on 4 or 3 on 3. Every child must play at least half of every game.
<b>Game Specs</b>	Consist of 4, 6-minute quarters with a 3-minute halftime and 1 minute between quarters. Round Robin Play: If there are only three teams, we will coordinate a robin robin game consisting of 6 matches. Example, team 1 vs team 2 vs team 3. Team 1 and 2 will play the first match, team 2 plays team 3 second match, then team 3 plays team 1 3rd match. Repeat the match 3 more times. Each match is 6 minutes, no half time, so instead of 4 qtrs, we have 6 matches. Clock starts on the official's whistle. ches Play begins with the kicking team passing the ball to a teammate. No score will be kept for this age level. No forfeits.



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<b>Substitutions</b>	Allowed with referee's acknowledgement during breaks in play, kickoffs, goal kicks, throw-ins, injury or after goals have been scored. Can only be made while in possession of the ball.
<b>Coaching</b>	Each team is allowed 1 coach on the field and 1 behind the goal to instruct players.
<b>Officiating</b>	No offside violations called. No slide tackling, physical play or pushing allowed. Indirect kicks awarded outside the box. No penalty kicks for infractions inside the box. Corner kicks are allowed if the defense touches the ball before going out.
<b>Parents</b>	While we encourage parents to get involved, during games we ask all parents to allow the coaches to coach and officials to officiate. Please limit your coaching from the sidelines.